

# Resources for Understanding Sexuality and Gender

## A Social Science Perspective

### Understanding Sex, Gender Identity, and Development

- Planned Parenthood [Overview](#) of Sex and Gender Identity
- [Sex and Sexuality](#): Crash Course in Sociology video (about 11 minutes long)
- Cleveland Clinic [overview](#): What is Intersex?
- National Center for Transgender Equality: [Understanding Transgender People: The Basics](#)
- National Institutes of Health [Terminology](#) Overview for Sex, Sexuality, and Gender
- Dr. Anne Fausto-Sterling's [website](#) with media and video links to talks/overviews
- The Trevor Project [Resource Center](#)
- [National Survey on Sexual Health and Behavior](#) (at Indiana University)

### Research on Support for Trans Youth

- [Research Brief](#) on the Critical Benefits of Family Support for Trans Youth from the National Council on Family Relations
- [Trans Youth Project and Gender Development Resources](#) - Princeton University website for the research lab of the first large-scale, national, longitudinal study of socially-transitioned transgender children to date
- [The Trans Generation](#) (book) by Ann Travers

### Gender, Sexuality, and Faith

\*there are more on the GBC website, so be sure to check there!

- Human Rights Campaign [Faith Resources](#)
- R. Marie Griffith's book, [Moral Combat](#)

### Resources in Spanish/Recursos en español

- [“Se hacen puentes al andar”](#): Un recurso para padres, tutores, y seres queridos de jóvenes LGBTQ+
- [Somos Familia](#) ofrece videos y otros recursos como herramientas de aprendizaje para apoyar a familias de jóvenes LGBTQ+.
- [LILA NC](#) es una organización sin fines de lucro en Carolina del Norte enfocada en la promoción y el empoderamiento de la comunidad Latinx LGBTQIA+.